

DATA COVERAGE & NOTES

4 injections logged · Weight logged on 4 of 31 days · Sources: Manual

- Side effects logged on 1 day across 4 injections; most recent Aug 4, 2026.
- Measurements taken Aug 3, 2026 (cm).
- Longest gap between logged doses: 9 days.

Self-reported wellness log. Every value is the user's own entry, not a clinical measurement.

Patient-recorded data from a wellness app. Dosley is not a medical device; nothing in this report is a diagnosis, treatment recommendation, or dosing advice. The trend line is an estimate, labeled with its method, and is educational only.

CLINICIAN NOTES

THERAPY STATISTICS since first logged dose in this period (Aug 3, 2026)

WEIGHT CHANGE	CURRENT DOSE	ON-SCHEDULE INJECTIONS	WAIST	SIDE-EFFECT DAYS
▲ 0.1 % +0.1 kg · 82.5 kg → 82.6 kg Baseline = weight at first logged dose	0.5 mg Semaglutide, every 7 days Week 5 at this dose	67 % 2 of 3 intervals within 6–8 d Longest gap: 9 days	0 cm 93.5 → 93.5 cm W:H ratio 0.86 → 0.86	1 In full period · 1 event in last 30 days Max severity 2/5 ●●○○○

REFERENCE CONTEXT – general educational context; nothing here is a target or a clinical range for this person. Waist-to-hip ratio and tape-based figures are rough estimates and vary with measurement technique.

INJECTION CADENCE every 7 days · 3 intervals between 4 logged doses

INTERVAL DISTRIBUTION	DOSE TITRATION	SITE ROTATION
On schedule (6–8 d) 67% · 2 of 3 Early (<6 d) 0% · 0 of 3 Late (9–10 d) 33% · 1 of 3 No dose logged (>10 d) 0% · 0 of 3	0.5 mg 4 wks	Left Thigh 2 Right Thigh 2 Max consecutive same-site uses: 1

WEIGHT TRAJECTORY 4 entries

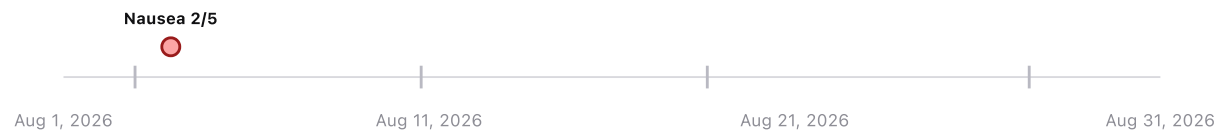
Faint dots are individual weigh-ins; the bold line is a 7-day rolling mean. No goal weight is set.



TOLERABILITY

1 side-effect event in 31 days

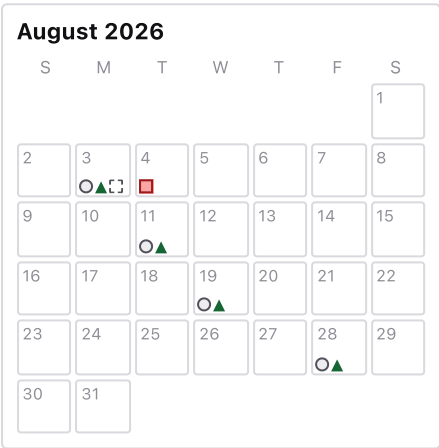
Events sit on the same date axis as the weight chart. Ticks on the axis mark injections; dot size and the printed n/5 both carry severity, so the strip reads in grayscale.



- Nausea: 1 event, highest severity 2/5 ●●○○○. Median onset 24 h after an injection.
- The single event was logged within 48 h of an injection. 1 in the last 30 days.

DAILY LOG PROFILE

one cell per day · glyphs show what was logged



○ injection ● dose increase ▲ weight entry ■ side effect □ measurements

Darker injection glyphs mark higher doses on the ladder.

BODY MEASUREMENTS

1 session · tape, cm

No measurement was taken twice; a change needs two readings of the same site.